

Diabetes Management in 2016 at Alice Diabetes Education

1 in 2 Aussies will have type 2 diabetes or impaired glucose tolerance by the age of 70.

When was the last time you had a full preventative check-up in particularly covering for diabetes?

Are you aged 40 – 49 years?

Costs: **Appointment Cost for 30 min appt with Dr Mitchell:** **\$160.00**

Medicare Rebate: **\$71.70**

Appointment Cost for 60 – 75 min appt with Susie Practice Nurse **Funded**

If this appointment is cancelled within 24 hours or you do not attend, there will be a DNA fee which currently is \$50. We are providing the second follow up visit funded with Susie utilising the Medicare rebates for a > 60 min appointment for people at risk of diabetes aged between 40 – 49 years of age. We can only do that type of visit every 3 years if you fall in the age group. However if you do not attend we cannot generate any income and we waste Susie's valuable time.

This visit will involve getting a baseline ECG (electrical tracing of the heart) or updating one, potentially extra blood tests, physical measurements top to toe and a more thorough lifestyle and dietary assessment. Our aim is to prevent progression to type 2 diabetes in those at high risk, and better educate our patient population without penalising them with charges for the follow-up and more thorough visit.

If a funded visit with Susie was recommended though and declined, with our shift away from mainstream private general practice towards the specialised approach we would strongly think that Alice Specialised Medicine, with the branch Alice Diabetes Education is not the medical provider you required.

Potential follow-up Appointment Cost for 30 min appt with Dr Mitchell: **\$160 - \$180**

Medicare Rebate: **\$71.70 - \$144.25**

(rebate depends on whether a GP Management Plan was put in place for a potential brand new diagnosis of diabetes)

The second GP visit is only put in place if blood tests from the original visit, or ECG findings or other issues identified at the Practice Nurse visit require follow –up ; if the original two visits cover everything adequately it is not necessarily required.

Ms Susie Leister is soon to be ratified as a private diabetic educator – stay tuned for updated info in 2016

**Please make sure that you indicate to reception staff what your intentions are for the appointment so that they can book correctly. Prices and information listed is subject to change. Correct as at 08/12/15*